

“Helping People Change”

A four part Series Workshop on DVD by Dr. Mee-Lee

Hosted by the Co-occurring Disorders CADRE

Please join us for this series to bring us all a better understanding of treating our Clients with Co-Occurring Disorders.

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| March 9 | “The Therapeutic Alliance” |
| March 16 | “Understanding and Assessing Stages of Change” |
| March 23 | “Motivational Interviewing and Ambivalence” |
| March 30 | “Establishing the Treatment Contract” and
“Implications for Treatment Planning” |

All held in the **Red Room** at the SLO Health Campus at **Noon.**



Bring a bag lunch if you'd like.

1 CEU provided for each.

You can attend one or all four. No need to RSVP.

Each DVD will be shown in its entirety along with facilitated discussion which will make up the one hour.